

# ROOSTER CALL



## PLATTEVILLE OPTIMIST CLUB

Currently Meeting 7:00 AM Fridays at Country Kitchen, Hwy 151, Platteville, WI



*Becky Schambow, President*  
*Dan Engelke, President Elect*  
*Wayne Wodarz, Past President*  
*Tom Nall, Vice President*  
*Duane Borgen, Treasurer*  
*Maxine Lane, Secretary*

Directors

*Tim Boldt*                      *Chris Budden*  
*Pat Moxness*                *Tim Murphy*  
*Mary Sieckman*          *Ernie Thalmann*

***“To Impact the lives of youth  
in a positive and encouraging manner”***

**Platteville Optimist Weekly Bulletin – April 26, 2019**

**Attendance:** 22 Members – Carley Borcharding, Duane Borgen, Chris Budden, Paul Budden, Charlie Clark, Howard Crofoot, Hap Daus, Dan Engelke, Beth Frieders, Donna Gavin, Dave Jones, Maggie Kleisath, Maxine Lane, Steve Lane, Doug Martin, Fern Nall, Leon Neuheisel, Bob Stephens, Ernie Thalmann, Linda Thomas, Ron Weier, Wayne Wodarz.

**Guests:** Maxine Lane introduced Veronica Longstreet, an agribusiness major at UW-P. Veronica had inquired through our website about attending a meeting to learn more about how a meeting is conducted as a class assignment. We were delighted to welcome Veronica.

Maxine also gave a brief introduction to our speaker, Nicole Tyc.

**Update on Bob Weier:** Ron Weier stated that later today Bob will be transferred to Epione Pavilion in Cuba City. Ron continues to encourage visits to Bob as he enjoys company and seeing friends.

**Mystery Greeter:** Steve Lane was our greeter this morning, shaking hands with the timely hand of Duane Borgen.

**Birthdays/Anniversaries:** Celebrating birthdays, Tom Nall on 4/29, Jim Olds 4/30 and Bob Weier on 5/2.

**Joker Draw:** Ron was holding the ticket with the lucky number, drawing the K of clubs.

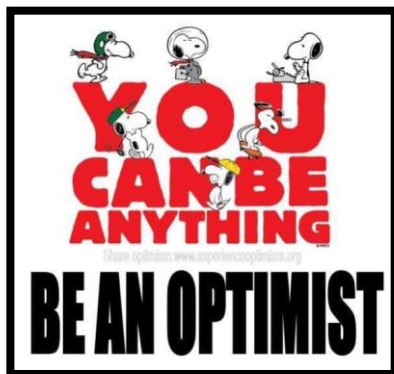
**Mail/Thank You Notes/Club Acknowledgements:**

It is always a pleasure to receive a thank you and/or acknowledgement from donations we make throughout our area. President Elect, Engelke shared thank you notes from City of Platteville, CESA 3 and College for Kids.

**OLD BUSINESS/REMINDERS:**

**Bike Rodeo:** Howard Crofoot announced the bike rodeo has been rescheduled to May 18 due to weather. Additional volunteers were encouraged to sign up to help.

**Administrative Team:** President Elect Engelke reminded those present that within a short time, we will need three new board members as well as a vice president. He encouraged members to take part in leading their organization by stepping into one of these positions.



**Program:** Maxine introduced our speaker today, Nicole Tyc, owner of With Woman (formerly Lotus Light Birth & Wellness), a full spectrum doula, certified health coach and personal trainer with ten years' of experience serving women and families. Like travel guides in a foreign country, birth and postpartum doulas help support new families through the life changing experience of having a baby. A doula is a trained professional who provides continuous physical emotional and informational support to mothers and spouses/partners before, during and shortly after childbirth to help everyone achieve the healthiest, most satisfying experience possible.



**Dependable  
Objective  
Understanding  
Listening  
Attentive**

Her work as a doula as well as a women's wellness professional has allowed her the opportunity to support her clients through their unique seasons of womanhood; from health and fitness, fertility, pregnancy, birth, postpartum, and into menopause.

Nicole worked solo as a doula for 6 years and now works with a partner. Together they meet with the client and back each other up during the contract months. Nicole stated they serve clients in their homes as well as in the hospital. Their role is not to make decisions but rather to help them understand options. Their support covers emotional, spiritual, and physical for both the expectant mother and the spouse/partner. A major benefit to having a doula is that they stay with you before, during and after. For many expecting parents, be it a first or second birth, a familiar face and person is comforting. Q & A followed.

It was also a pleasure for Maxine to announce that Nicole and her husband, Matt, are new members to our Platteville Optimist Club.

**Weekly Speakers:** Thank you to Paul and Chris Budden for coordinating our May speakers.

May 10: Alaine Olthafer-Lange/A & A Aviation

May 17: Matt Melby, Melby Funeral Home & Crematory

May 24: Jessica Munz & Keri Wedige/UW-P Continuing Education

May 31: Brooke Rowe/Box of Balloons

Minutes taken and drafted by Maxine Lane

### **Optimist Club Bulletin Board**

**The Platteville Area Optimist is in need of volunteers to help with their annual Bike Rodeo. This has been rescheduled to Saturday, May 18. Please consider helping with this youth activity...this is what we are all about!! Contact Howard Crofoot at [crofooth@platteville.org](mailto:crofooth@platteville.org)**