

ROOSTER CALL



PLATTEVILLE OPTIMIST CLUB

Currently Meeting 7:00 AM Fridays at Country Kitchen, Hwy 151, Platteville, WI

To Impact the lives of youth in a positive and encouraging manner”



2018 – 2019 Officers and Board of Directors

Becky Schambow, President – Wayne Wodarz, Past President
Dan Engelke, President Elect – Tom Nall, Second Vice President
Duane Borgen, Treasurer – Maxine Lane, Secretary

BOD: Tim Boldt, Chris Budden, Steve Lane, Tim Murphy Mary Sieckman, Ernie Thalmann

Platteville Optimist Weekly Bulletin –August 9, 2019

Attendance: 35 Members – Jim Boebel, Carley Borcharding, Duane Borgen, Chris Budden, Paul Budden, Charlie Clark, Howard Crofoot, Penny Droessler, Dan Engelke, Gary Engelke, Beth Frieders, Mark Haas, Kevin Haertzen, Bob Hundhausen, Dave Jones, Ken Kamps, Maggie Kleisath, Maxine Lane, Steve Lane, Doug Martin, Eileen McCartney, Gary Munson, Leon Neuheisel, Becky Schambow, Jerry Schewe, Joy Schewe, Greg Sieckman, Guy Stead, Bob Stephens, Barb Stockhausen, Linda Thomas, Gene Weber, Jeff White, Wayne Wodarz, Tim Zauche

Guests: President Schambow acknowledged and welcomed Liz Heth, invited by Jeff White to share in his presentation today. President Schambow also welcomed Diane Paytner, who was submitting her application for membership.

Cheese Curd Sign Up: President Schambow circulated a sign up for the upcoming Dairy Days Cheese Curd event, scheduled for September 6, 7, 8. Help is still needed on Saturday and Sunday.

Mystery Greeter: Beth Frieders greeted Dan Engelke.

Birthdays/Anniversaries: No anniversaries to acknowledge; however the following were celebrating birthdays: Jim Boll, today 8/9, Gary Munson 8/10, Terry Beebe and Tim Wood 8/11.

Mail/Thank You Notes/Club Acknowledgements: Thank you was received from Family Connections.



Joker Draw: It was a total surprise for one of our most recent members, Bob Hundhausen to be holding the ticket as the number was announced and even more of a surprise when he drew the joker, winning ½ of the pot. Congrats to Bob!

OLD BUSINESS/REMINDERS:

- Grant County Fair passes are available for all members working Friday, Saturday and Sunday
- Signup for Dairy Days was circulated
- Last day for stuff the bus donations will be next Friday, August 16
- Shirts are still available for \$8.00
- Fund Crazar tickets sold out

Program: It was a pleasure to welcome Optimist member, Dr. Jeff White and his guest and medical associate Liz Heth. Dr. White joined Medical Associates Clinic in January, 1997. Maxine Lane had invited Dr. White to speak this morning, to share with the membership the differences in medical providers, titles and privileges in providing medical treatment.



Dr. White, whose title is DO, explained he is a Doctor of Osteopathy, which includes providing services as a MD as well as having been certified in the field of Chiropractic (muscular skeletal) medicine, which adds training and understanding of the immune system to fight diseases. His training/certification is extensive as are his continued certifications which includes both Board exams as well Osteopath treatment. Dr. White stated the DO was introduced back in the 1800's by a physician named Dr. Still, who was responsible for melding of the two medicines.

Dr. White also shared information on the designation, PA, which is a Physician's Assistant. PA's became prominent in 1967, primarily to provide assistance to the MD's. PA's originated in the military as Medical Corpsmen, with primary training being provided through Duke University. The training is 2 years versus 7 years and PA's work directly under the supervision of a Doctor, providing services the Doctor allows them to do. Dr. White turned the presentation over to Liz Heth, APNP, as he stated she is much more familiar with the nursing field than he is.

Liz has been with Medical Associates Clinic for 2 years, working under the supervision of Dr. White. The primary purpose for a NP, which is a Nurse Practitioner, was to fill a gap between a Doctor and Registered Nurse. Nurse Practitioners are Registered Nurses who have completed advanced education (*a minimum of a master's degree*) and training in the diagnosis and management of medical conditions. The NP, which has been around for some 55 years, specializes in one area choosing from family medicine, pediatrics, neonatal, psychiatric, adult geriatrics, to name a few. Their role is to get to know the patient totally, work in agreement with a physician when recommending treatment and all cases handled are reviewed by a Doctor. Liz noted Nurse Practitioners initials are determined by the various states where they received their training, such as APRN (*Advanced Practice Registered Nurse*) would be a graduate from Wisconsin, and an APNP (*Advanced Practice Nurse Practitioner*) would be a graduate of Iowa. Nurse Practitioners can also continue their education and receive a doctorate of nursing.

Time was allowed for Q & A. Both presentations, were very interesting, from a historical point and in the field of medicine today.

Weekly Speakers: Many thanks to those members who helped Bob Weier arrange speakers for August.

August 16: Lori Laufenberg, Snap Fitness, Nutrition and Physical Fitness

August 23: Road trip to Kieler Farms

August 30: Jim Boebel, Superintendent Platteville School District

Thanks to Linda Thomas for coordinating our September speakers.

Sept. 13: Sarah Digman, Grant County Coordinated Services

Sept. 20: Barb Lange Okey, sharing her Kidney Transplant experience

Sept. 27: Karri Kelliher, AGRACE

Minutes taken and drafted by Maxine Lane

Please notify Maxine, marmacy105@yahoo.com or 608-778-7786, if you plan on going to Kieler Farms on August 23 for our weekly meeting. We will have donuts, coffee, juice and need to plan for number attending. You will be requested to make a donation for the continental breakfast. We will meet and car pool from Country Kitchen, leaving at 6:45 AM.