

Currently Meeting 7:00 AM Fridays at Country Kitchen, Hwy 151, Platteville, WI



"To Impact the lives of youth in a positive and encouraging manner"

Platteville Optimist Weekly Bulletin – Friday, December 8, 2017

<u>Attendance:</u> 30 Members – Tim Boldt, Carley Borcherding, Duane Borgen, Laura Brown, Paul Budden, Charlie Clark, Howard Crofoot, Janelle Davis, Beth Frieders,

Kevin Haertzen, Dennis Helbing, Dave Jones, Maggie Kleisath, Maxine Lane, Steve Lane, Doug Martin, Gary Munson, Leon Neuheisel, Virg Pufahl, Becky Schambow, Jerry Schewe, Greg Sieckman, Mary Sieckman, Guy Stead, Barb Stockhausen, Ernie Thalmann, John Urness, Bob Weier, Ron Weier, Wayne Wodarz.

Guests: Pat Moxness was a guest of Becky Schambow.

Mystery Greeter: Wayne Wodarz greeted Maggie Kleisath.

<u>Joker Draw:</u> Even though Steve Lane was holding the lucky ticket, Maxine helped with drawing for the joker, coming up with the 8 of Clubs.

Announcements:

Special Guest: Karen Canny joined the meeting briefly to provide information on the Salvation Army Red Kettle Campaign. She shared moments within her own experience of ringing bells and the many good feelings that are generated with meeting people. She reached out to the membership as they are in need of bell ringers. They currently ring bells at Piggly Wiggly and Walmart, from now until Christmas Eve, from 10:00 AM to 8:00 PM. If interested, please see Karen Canny as she is normally ringing at Piggly Wiggly.

Birthdays/Anniversaries: None this week.

<u>Thank You Notes:</u> Carley Borcherding took the podium for a few moments to give a heartfelt Thank You to the Club and members who have been so willing to help her with her Tales and Trails. She provided Candy Cane table favors in appreciation for the support.

Platteville Holiday Project: Final pickup is today.

<u>Santa Calling:</u> **Ho!Ho!Ho!** Dates are scheduled for December 12, 13, 14. We have our teams ready to be Santa and Mrs. Santa! It is with our deepest appreciation that

we say Thank You to Bob Weier, Ron Weier, Dan Engelke, Ernie Thalmann, Becky Schambow, Maxine Lane, Linda Thomas, Wayne Wodarz, Gary Engelke and Tim Boldt for helping with this children's event.

<u>50th Anniversary:</u> Research on behalf of the committee continues.

<u>WI Badger Camp Event:</u> December 9 at Holiday Gardens, Potosi. All 8 tickets were spoken for so we will have good representation at the event.

<u>Fellowship:</u> Post Holiday Party scheduled for January 20th at the Elks Lodge. Invitation was attached to the December Newsletter. A second email will be done next week.

Optimist Caps: President Wodarz reminded members to purchase a cap for \$7. Great Christmas Present!



Program: Thanks to Maxine Lane for organizing our speaker, Dr. Dave Bergmann, Chiropractor with Rosemeyer Jones Chiropractic.

Dr. Bergmann is a native of Platteville and graduated from Platteville High School in 2004. Dr. Bergmann attended the University of Wisconsin-Stevens Point to major in Biology with Chemistry minor. Upon graduation, he attended Logan College of Chiropractic. During his time at Logan, he met his wife, Katelyn, a native of Chesterton, Indiana. Dr. Bergmann graduated Magna Cum Laude in 2011.

Dr. Bergmann worked at Milwaukee Chiropractic Group in Oconomowoc, Wisconsin and Lake Geneva Chiropractic before returning to Platteville where he joined Rosemeyer Jones Chiropractic in 2016. He currently resides in Dodgeville with his wife, who is an Insurance Claims Processor at Southwest Health Center in Platteville, and Max, his $4\frac{1}{2}$ month old son.



Dr. Bergmann is an active member of the Wisconsin Chiropractic Association. His Chiropractic techniques include Diversified Technique, Cox Flexion Distraction, Gonstead, and Activator. Dr. Bergmann is also experienced in Graston Technique, Kinesiotaping and Active Release Technique. He is also a Certified Golf Fitness Instructor through the Titleist Performance Institute.

Dr. Bergmann's presentation included a visual, that being spine/vertebrae from a point of being healthy and progressively deteriorating. He explained how this degenerative process occurs over time, eventually resulting in the bone fusing together. If addressed prior to this point, the likelihood of improvement is possible. When it reaches the point that the bones have fused together, the individual is looking at a surgical procedure to defuse the bone structure with hopes of bringing comfort back to their daily life.

Dr. Bergmann stated unique to their office versus other offices in the area is the process of Spinal Decompression. He explained how this process works to open the areas of bone and soft tissue to bring movement and flexibility back into the spinal column. Time was allowed for questions/answers.

Dr. Bergmann is extremely excited to be back in his hometown and working at the clinic he attended as a child for adjustments by Dr. Rosemeyer. He is currently accepting new patients and is looking forward to serving his community.

Weekly Speakers: December Programs, Coordinator, Gary/Eileen Engelke

December 15 – Brent Bowers

December 22 – No Speaker – Share your Favorite Christmas Memory!

December 29 – No Meeting!!

Minutes taken and drafted for Rooster Call by Maxine Lane

